

NHS Healthcare Uniform Sizing Chart

Smart Scrub	Height Guide		U1		U2		U3		U4		U5		U6		U7		U8		U9		U10	
	Short fit 165.09cm and below	Chest	64	73	74	83	84	93	94	103	104	113	114	123	124	135	136	145	146	155	156	165
	Reg fit 165.10cm to 175.25cm	Waist	58	67	68	77	78	87	88	97	98	107	108	117	118	129	130	139	140	149	150	159
	Long fit 175.26cm to 195cm	Hip	71	80	81	90	91	100	101	110	111	120	121	130	131	142	143	152	153	162	163	172

Dress	Height Guide		U1		U2		U3		U4		U5		U6		U7		U8		U9		U10	
	Short fit 157.48cm and below	Chest	64	73	74	83	84	93	94	103	104	113	114	123	124	135	136	145	146	155	156	165
	Reg fit 157.49cm to 177.79cm	Waist	58	67	68	77	78	87	88	97	98	107	99	118	118	129	130	139	140	149	150	159
	Long fit 177.80cm to 195cm	Hip	69	78	79	88	89	98	99	108	109	118	119	128	129	140	141	150	151	160	161	170

Shorts Low Rise	Length		U1		U2		U3		U4		U5		U6		U7		U8		U9		U10	
	Regular 25 cm	Waist	64	71	72	80	81	87	88	97	98	107	108	119	120	129	130	139	140	149	150	159
		Hip	66	75	76	85	86	95	96	105	106	115	116	125	126	137	138	147	148	157	158	167

NHS
Supply Chain

Trousers High Rise

**Trousers
Low Rise**