

Food Fortification Products Available - Our Ambient Range

Malnutrition affects about a third of patients admitted to hospital in England (Disease-related malnutrition: An evidence-based approach to treatment). Food fortification is a well-established practice involving enriching foods with extra calories and protein without increasing the portion size. One easy type of fortification that you can do on the ward or in the hospital kitchen is to fortify milk using dried milk powder. Below is the range of milk powders available on the NHS Supply Chain ambient food framework. Those with the higher kcal per 100g are most suitable to food fortification – highlighted in blue.

Order code	Milk powder	Volume	Energy (kcal) per 100g	Fat (g) per 100g	Sat. fat (g) per 100g	Carbohydrate (g) per 100g	Sugars (g) per 100g	Protein (g) per 100g	Salt (g) per 100g	Vit D ug per 100g
AFP028	Millac Value	12.5kg	476	20	13	62	62	12	0.98	4.9
AFP073	Millac Value	2kg	476	20	13	62	62	12	0.98	4.9
AFP111	Pritchetts Millac Millflo	12.5kg	488	24	21	46	46	22	1.2	6.5
AFP360	Millac Classic Silverflo	12.5Kg	503	27	25	39	39	26	0.98	8.75
AFP178	Milfresh	2Kg	434	14	12.6	66.45	55.6	10.7	1.3	11

All information provided is accurate at the time of publication, November 2021. Within the range of products supplied by NHS Supply Chain: Food we endeavour to provide foods that enable trusts to comply with the Hospital Food Standards (2014). If customers have any further dietary or nutritional questions, or if customers need to discuss alternative products, or where no alternative is currently advised, please contact: Joanna Instone, HCPC Registered Dietitian (MBDA), NHS Supply Chain: Food, Joanna.instone@supplychain.nhs.uk Customers are advised to log in to our online catalogue to view details on nutritional values and to access product specifications / data sheets. If you are uncertain about the suitability / safety of certain products for your organisation / patient, please consult your own trust food service dietitian before use.